

Application for Hakomi Comprehensive Training, NE/CO

Please type or block print your application. **Email your application to:** northeasthakomittraining@gmail.com preferably as an MS Word or PDF attachment (other formats acceptable.)

1) Send a non-refundable application fee of \$75.00 via PayPal to:

northeasthakomittraining@gmail.com

Please include NAME OF APPLICANT (if it differs from name on PayPal account).

2) Please include a recent photo

3) This **cover sheet** (one page) must be included.

Personal Information

Name:

BirthDate:

Address:

City, State & Zip:

E-mail address:

Are you a student? _____ Yes _____ No.

If so, name of school and program in which you are enrolled:

Do you have a degree or license? (not required for enrollment in training) If so, list degree(s), credentials, and area(s) of study:

Occupation:

Emergency Contact:

Relationship:

Previous Hakomi Experience (workshop, class, etc.)

Trainer/Teacher:

Dates:

Individual Work with Hakomi Therapist, if applicable (please include name, this will be kept confidential):

APPLICANTS FOR ADMISSION TO THE HAKOMI THERAPY TRAINING ARE CONSIDERED WITHOUT REGARD TO SEX, RACE, AGE, RELIGION, SEXUAL OR GENDER ORIENTATION.
(A RECENT RESUME MAY BE SUBMITTED FOR A & B BELOW)

A. MAJOR OCCUPATIONAL HISTORY: (most recent first)

Employer, job title, duties, date and length of employment, etc.

B. EDUCATIONAL HISTORY: (most recent first)

Institution, field of study, degree or certification, date and length of education, etc.

C. Please answer the following questions:

Responses must be typed and application no more than three pages in total.

1. Give a brief commentary on your experience in a Hakomi Intro workshop, and what draws you to pursue the study of Hakomi.
2. What is your aspiration or vision for applying the Hakomi Method? How does Hakomi fit with your career plans and life goals?
3. Describe your experience working with individual clients in private sessions, if applicable (e.g. type of clientele and approaches/modalities used).
4. The Hakomi Institute holds an ethical duty to share responsibility for healing destructive impacts of interlocking systems of oppression that harm marginalized people, particularly in the field of psychology. We are revising our curriculum to include awareness, correction, and inclusion. We support the abolition of dominant culture supremacy, and oppose racism, prejudice, exclusion and cultural violence. Please feel welcome to share your experience with inequality and/or privilege, and needs you have around justice, equity and inclusion.
5. Hakomi students benefit from previous personal growth experiences as the experiential nature of the training requires being a practice client for classmates. What experiences have you had as a client in psychotherapy, other therapies, or workshops? What impact has this had personally? Please mention the type of therapy, and how the has work affected you.
6. Write a 1/2 page or less description of “who you are” as a person. We encourage you to include any information you feel is important for us to know in relation to the training.
7. A significant element of the training will be interaction in small groups for discussion and practice.

Our expectation is that students can interact in a self-responsible way, regulate strong feelings, communicate directly, and find collaborative ways to resolve interpersonal differences. Generally, a training cohort thrives when self-awareness of group participants is strong. We also know that many people have painful and challenging past experiences in group contexts. Please tell us about your experience as a participant in groups: i.e. entry style, leadership style, introversion/ extroversion, difficulties you've experienced, how you prefer others to relate, etc.

8. Please let us know about any medical conditions or personal factors you have currently or have had in the past, including any psychological diagnosis, that may affect your experience in the training. The faculty will keep this information confidential.
9. Please let us know of any physical accommodations that would support you.

Thank you,

Melissa Grace and the NE Hakomi Faculty