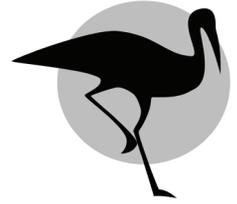


# CERTIFIED HAKOMI TRAINERS:

- Additional faculty to be announced -



## LEAD TRAINER:



**Melissa Grace, M.A.** is one of the Hakomi Institute's most experienced trainers, leading trainings throughout the United States. She is on the Hakomi Institute Board of Directors, and has served as Adjunct Faculty Member and Group Process Leader at Naropa University. Melissa has facilitated groups for over 20 years, and studied with the National Training Laboratory and the Group Leadership Training. She is co-director of Spring Grove, offering psychotherapy, coaching and organizational consulting. Melissa lives and practices in Boulder, Colorado.

## ADJUNCT TRAINER:



**Jaci Hull, M.A., L.M.F.T.** leads Hakomi trainings and workshops throughout the U.S. and Canada. She has served as faculty for the Somatic Psychology M.A. program at Naropa University and for the Sensorimotor Psychotherapy Institute. Jaci is on the Hakomi Institute Board of Directors and is co-developer of Experiential Couples Psychotherapy. She received her degree in Contemplative Psychotherapy from Naropa University, and her post-graduate training includes Family Therapy, EMDR II, Somatic Trauma Resolution, Brainspotting, the Group Leadership Training, and Certification as a Relational Life Therapist. Jaci brings her extensive experience, as well as warmth, safety, and humor, to her teaching. A licensed psychotherapist in private practice for over 25 years, Jaci works with individuals and couples, emphasizing clear, heartfelt and solution-focused communication.

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## About the faculty -

### From participants' evaluations of weekend workshops and 2-year trainings:

#### Melissa Grace:

"Melissa creates one of the best learning zones I've ever experienced."

"She has an effortless quality of moving into the material, while remaining fully relational to all the students."

"I found the workshop to be informative and extremely powerful. Not only did I come away with a better understanding of Hakomi, I came away with a better understanding of myself."

"Melissa is masterful in her skills, but also radiates loving presence."

"Melissa combines heart, soul, sensitivity, and wisdom in a marvelously gifted way. She embodies the Hakomi principles and teaches by word, action, interaction and being."

"An awesome example of a powerful woman with loving presence.  
Very effective teaching style of leadership with spaciousness."

"It was an awesome experience—it felt safe and loving. Of all the many years of workshops, I experienced a level of trust and connection with the leaders and participants like never before."

"This will help me tremendously in my work as a psychotherapist."

"Melissa is skillful as a therapist, instructor and masterful group facilitator, deeply attuned to the students."

"I can't say enough about how much I value having had the opportunity to be taught by Melissa. She is such an inspiration and has taught me immensely...she is exceptional as a teacher and therapist."

"Exquisitely attuned. Masterful in presenting material that interweaves her own clinical work and personal being.

"Very attuned presence, able to see the groups and individual learning needs with precision, truthful, grounded, supportive, always reaching for the most real and best expression of each student."

"Melissa is real, connected to herself, aware, expressive. As a teacher, she makes the effort to understand each student... She is clear in her intentions, expectations and needs. Her authenticity is key in her brilliance as a teacher, and her skills are continually new and inspiring."

### **Jaci Hull:**

"Jaci was an amazing presence... She is deeply skilled, passionate, and caring about her work, and it permeated the training."

"Great Great Great! Personally authentic,, fluid, attentive responsive, warm. Professionally clear, knowledgeable, highly skilled and accessible. Excellent teacher and therapist."

"Jaci was absolutely amazing, her comfort with the process and ease of coaching during exercises was helpful, instructive, and built my confidence."

"I had no idea what to expect from the workshop and I'm glad I had no idea. This blows away anything I could have ever imagined".

"Intuitive, attentive, relaxed structure which had a positive effect on my learning."

"Jaci presents and speaks beautifully - I enjoyed the way she expressed things with so much clarity - very, clear, concise and respectful."

"Jaci was so comfortable and made us comfortable - great words and language, great experience - the demos were very powerful."

"I enjoyed Jaci's unpretentious grace, wisdom, and humor, and the Hakomi teachings that came through her work with the group and individuals."

"Excellent! What loving tenderness! Jaci conveys great ease, comfort and clarity."

"Jaci was great! Knowledgeable, articulate, patient and available."

"I have the highest regard for Jaci as a trainer. She moves between experiential and lecture formats with grace and ease. She is refreshing and real, and masterful at being present."

"Jaci is adept, articulate, and compassionate. She is one of the greatest teachers I've ever had in any modality of psychotherapy training."

"Jaci has a wonderful mix of creativity, intuition and directness. She is effective and holds a large, safe container for the students."

"I was so touched by Jaci and by seeing Hakomi in action, feeling it and experiencing it. I feel hope - deep hope - in ways I have never felt. Thank you!"

"This was the best professional training I've ever had!"