

ENLIGHTENED FEMININE LEADERSHIP

With Mukara Meredith,
MSW, Certified Hakomi Therapist & Trainer

Boulder, Colorado

October 5-7, 2018



MATRIXWORKS
WORKING WITH GROUPS AS LIVING SYSTEMS

This course provides a new model of leadership for women and men grounded in the 'connective edge'... a feminine quality that men and women can develop, and that many women seem to naturally possess. In this workshop, we will gain a greater understanding of "relational intelligence" and practice using enhanced body awareness and somatic mindfulness to engage ourselves and each other in empowering exercises of connected leadership. Gain skills and confidence to Lead through Love and Connection. Hope and Unstoppability.

Our unique times require a more radical inclusion of all voices and all needs: women leaders have cultivated this skill. Women leaders know how to engage others in dialogue and conversations that lead to deeper and more collaborative solutions to complex problems.

We called this approach 'Enlightened Feminine Leadership' because it rests on the foundation of the interconnectedness of all life and the calling to express a deep care and commitment to serve life. We need other humans from cradle to grave. Learn and teach a model of leadership that expresses the power of truth and interdependency. Join us for the Revolution of Interconnection.

MatrixWorks Leadership rests on the foundation of the experiential Hakomi Method and is used in conjunction with an understanding of Groups as Living Systems. The emergence of 'Group Genius' supports transformation. Relationships become collaborative. Mutuality & cooperation become new norms that support well-being.

Mukara Meredith, MSW
Founder of MatrixWorks

A practicing Buddhist, and Certified Hakomi Trainer and Therapist, she has 40 years experience in teaching, consulting, and working in the healing arts. She is committed to creating new cultures of creativity, nourishment and innovation in relationships by using the power of small groups. She teaches teams to access collective intelligence and practice skills of collaboration and connectivity. Mukara's life's-work has been devoted to bringing human-friendly values into businesses and organizations to ensure meaningful work, marketplace fairness and organizational success. She feels nothing is more important than our personal and collective evolution in these times. Deeply committed to living awake in the world, Mukara knows the power of healing our shadows and 'connecting the disconnected' within us and between us.



To register contact:

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315-406-7931

Dates: October 5 - 7, 2018
Times: Friday 5:30-9pm, Saturday and Sunday 9am-6pm
Tuition: Sliding Scale: \$108-\$350.
Some financial assistance available.
Location: 403 Juniper Avenue, Boulder, CO 80304



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www.matrixworks.org