The Myth of the Resistant Client
Transformation is happening all the time. In our offices, things are changing from the moment our clients walk in until the moment they leave. Some of these transformations in symptoms, emotional states, and mental clarity are easy for therapists to notice and support; and some are not. This is especially true when things seem stuck, or when clients seem resistant or non-compliant.
In this workshop we will learn how to recognize and support transformative moments that arise spontaneously, as well as how to see resistance as part of the transformation process. We will look at barriers to transformation. We will also explore the tools to help our clients discover choice points and to utilize internal and external resources for healing.

Instructor Lorena Monda, DOM, LPC is a certified therapist and trainer for the Hakomi Institute. She is also the co-lead trainer for the Grand Rapids training. A practicing psychotherapist since 1977, she is a Doctor of Oriental Medicine. Lorena is on the faculty of the AOMA Graduate School of Integrative Medicine, Austin, Texas where she teaches courses combining Oriental Medicine and Psychology; and is a certified teacher of Sheng Zhen Qigong. Lorena is a coeditor of the newly published Hakomi Mindfulness-Centered Somatic Psychotherapy, the author of The Practice of Wholeness: Spiritual Transformation in Everyday Life and I Have Arrived, I Am Home: Celebrating 20 Years of Plum Village Life. She lives and practices in Placitas, New Mexico.

12 CEs available from NASW
This program is approved by the National Association of Social Workers (NASW Provider # 886484280-0) for 12 clinical social work continuing education contact hours.

Continuing Education Course Objectives - In this workshop participants will:
• Learn three of the five principles foundational to the Hakomi Method:  Unity, Organicity, Mind-Body Holism, Mindfulness, and Non-Violence
• Learn to demonstrate the therapeutic use of mindfulness
• Learn to demonstrate the therapeutic use of body information
• Learn to understand and explain how information from the body and present experience can be used to create self-study experiments in mindfulness
• Learn the importance of loving presence in the therapeutic relationship and how to employ it

This workshop is for counselors, psychotherapists, marriage & family therapists, social workers, physicians, body workers, healers and other helping professionals.

This Hakomi workshop fulfills the pre-requisite for application to the 2-year Comprehensive Hakomi Professionals Training in Grand Rapids, MI beginning April 2017.
**Workshop Registration Information**

**Two ways to register:**

1. **Mail Registration Form and Check payable to:**
   Grand Rapids Hakomi Institute, c/o Dorace Van Meurs,
   2976 Ivanrest SW Suite 205, Grandville, MI 49418

   Payment:
   ___ $235 early-bird discount if registered by January 11, 2017
   ___ $250 after January 11, 2017
   ___ $25 CE fee (NASW)

   ______ Total Payment by check

2. **Credit Card payment on the website** www.grandrapidshakomi.com

   Email Registration Information to Dorace at grhakomi@att.net

   or, mail Registration Information to Dorace Van Meurs,
   2976 Ivanrest SW, Suite 205
   Grandville, MI 49418

   Refunds only on cancellations 72 hours prior to program (less $35 registration fee)

---

**Workshop Registration Form**

The Myth of the Resistant Client; Introduction to the Hakomi Method
January 28–29, 2017

Name ____________________________________________________________

Address __________________________________________________________

Phone ____________________________ Email __________________________

Occupation ______________________________________________________

NASW CEs? ___ yes ___ no

---

**For further information or questions about the workshop or registration process**

contact Dorace Van Meurs at grhakomi@att.net or (616) 901-6136